

Hydration Fixation: Beyond the Water Bowl

TOP 5 TAKEAWAYS

Thank you for joining Purina® Pro Plan® Veterinary Diets and *Clinician's Brief* for this webinar on water balance in cats. We hope you found the information valuable.

FOLLOWING ARE 5 KEY TAKEAWAYS FROM THE WEBINAR TO BEAR IN MIND AS YOU CONTINUE TO PRACTICE HIGH-QUALITY MEDICINE.

1

Water is the most essential nutrient; however, there is no consensus on either optimal water intake or on the impact of adequate hydration on feline health.

2

Voluntary water intake is driven physiologically by thirst, and cats may have a less complete and effective response to dehydration as compared with dogs.

3

Cats that have inadequate hydration may be at risk for certain medical conditions, including chronic kidney disease, obesity, urolithiasis, constipation, and diabetes mellitus.

4

Nutrient-enriched water has been shown to increase total water intake in cats, with cats consuming an average of 28% more liquid daily than with water alone. Decreased urine specific gravity and decreased osmolality have also been observed in cats consuming nutrient-enriched water.

5

Nutrient-enriched water supplementation should be considered in cats that would benefit from increased fluid intake, better total body hydration, increased urine volume, and/or decreased urine specific gravity.